





COEXISTENCE PLAN TO PROMOTE SAFE EUROPEAN TOWNS AND CITIES GUIDE















INTRODUCTION

The aim of the project was first to work directly with families on common values, such as coexistence, social inclusion and civic participation, in order to achieve safer European towns and cities, in cooperation with schools and local authorities.

We have pursued through citizen participation: Parents' Associations, Neighbourhood Associations and Youth Associations and other institutions in the four partner cities, working together to create strong, stable families, which we have considered the basic principle to achieve children with higher levels of well-being and more positive academic results. We started by bringing together all the representatives of the families within the partnership and creating in them a spirit of European citizenship and coexistence.

At first, we wanted to do it face to face, but the pandemic forced us to do it virtually through the TEAMS platform where we have created two types of access, one for partners and the other for families and non-formal associations.

Family and Educational Centers

Although we knew that our main target were the families, we never lost sight of the need to work with the direct surroundings of the children, such as the schools they go to. The partners in each country have visited these schools several times and we have organised informative meetings with the management teams and the Coexistence coordinators.

The third level of scope of this project was to work with the municipality or city in which they live, because individuals are sociable by nature and relate to and interact with other people on a local basis. This work began with the non-formal associations of the project, other associations or NGOs, neighbourhood associations, etc. Thus, the third element in which these families live, the villages or towns, came into action as part of the project.

This was an ambitious process and for this reason, once the social fabric of citizen participation was created, a great effort was made to find legal and regulatory channels to support these channels of participation, which is why it was necessary to approach the leaders of each of the cities.



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The support of the city councils of Vienna and Villamayor (the latter was also the legal representative of the project) and of the Provincial Director of Education of Salamanca, who was present at the opening of the Villamayor training course, was requested. In the city of Carlisle (UK) we were lucky enough to count on the support of the Head of the region of Cumbria to the extent that he attended the family training course held in Villamayor. In the city of Volos (Greece) we obtained the support of the president of the Region of Magnesia, who was also so involved that she attended the meetings in Villamayor and Vienna, participating actively in both.

Institutional Support

All this institutional support allowed us to create one of the goals sought with the creation of the Sectoral Council: to strengthen the sensitive links between organisations active in education (Parents' Associations and schools) and society in general at local level, with the aim of allowing this good practice to become a mirror in which other European towns and cities can look into when they seek good coexistence among their people.

This great work carried out over two long years has led to educated and active families who are moving towards good coexistence, working side by side with the schools, but with the support of the local authorities who will create the necessary legal mechanisms to create the bodies for citizen participation that will give kudos the efforts of families and inhabitants in the fight against violence.



Digital Presence / Web and APPS

This consortium, working with an active methodology based on work and evaluation by skills, using Google forms sent to the stakeholders, has created a real school for families in both virtual and face-to-face formats, at the service of all the families of the consortium and other European families who can access through the web portal www.safecityplan.eu or the SAFECITYPLAN APP in both IOS and Android formats.



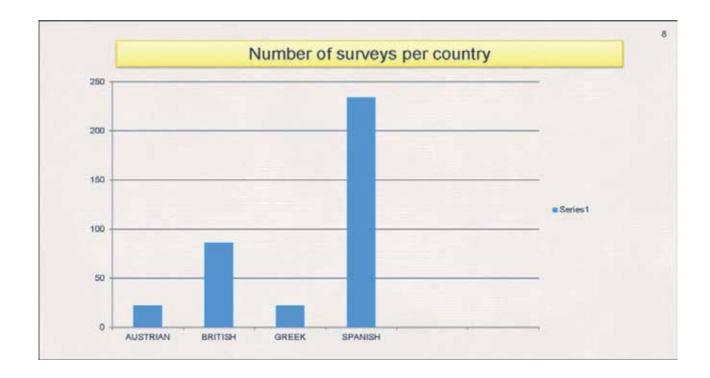


A "SCHOOL FOR FAMILIES" to train parents in their natural functions that surpass any other known activity in terms of relevance, time, effort and dedication, and yet there is no formal training to prepare them.

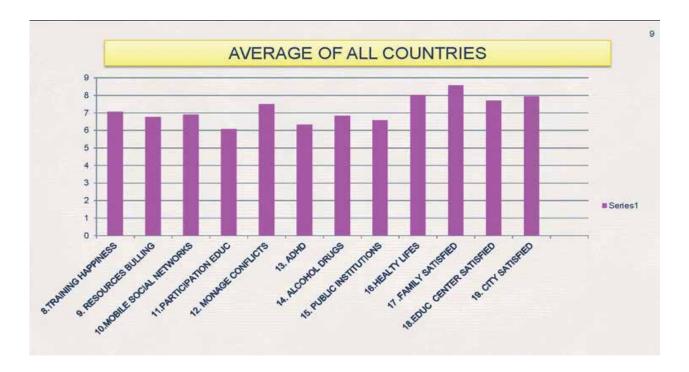
Finally, we have produced a guide called "Coexistence Plan Promoting Safe Municipalities and Cities" which explains in a visual and didactic way how to use each of the resources of the SAFECITYPLAN School for Families.

1. FAMILY SURVEY

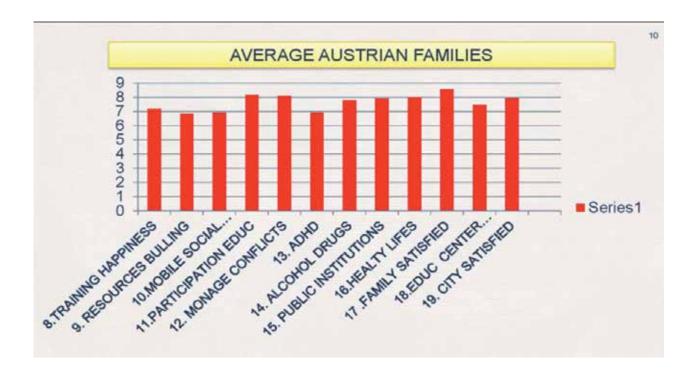
In the first months of the project, we sent a survey to all the families to which the partnership had access, which gave us many of the keys to the topics that the SAFCITYPLAN virtual and face-to-face family school should work on.





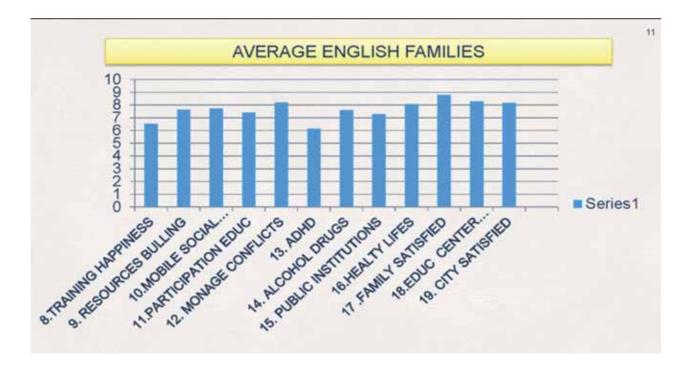


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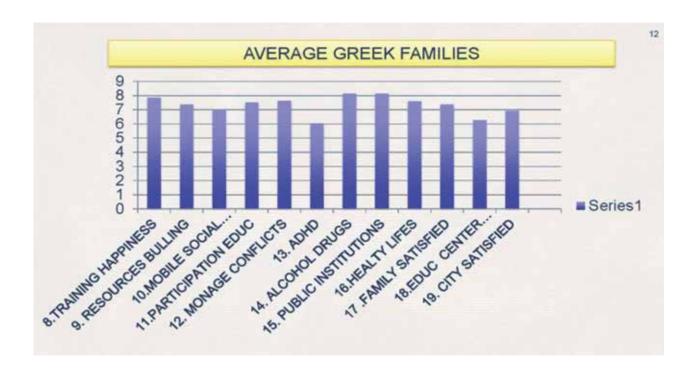


In Austria, they value the involvement of families in schools.



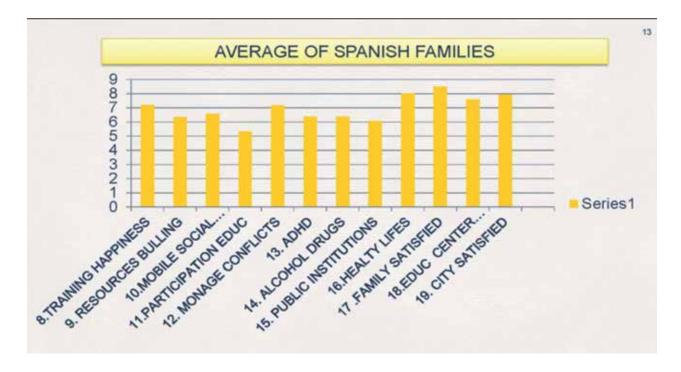


In the United Kingdom, the satisfaction of children within the family home stands out.



In Greece, families' competence in dealing with drug and alcohol-related problems is more highly valued.





In Spain, they value the satisfaction of children in family homes, but criticise the lack of family involvement in schools.



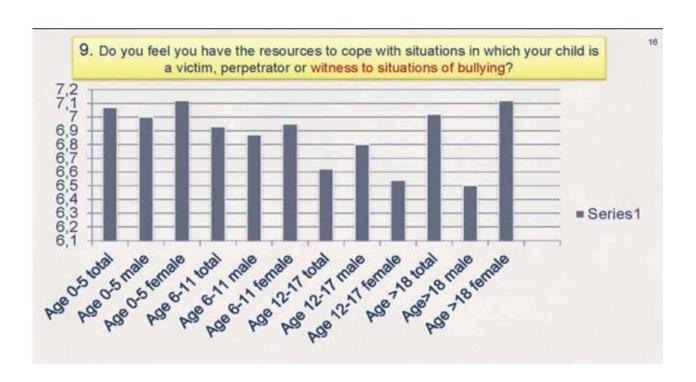
In question 8 which refers to parental education:

It is not valued by parents of children aged 12-17 and is highly valued by parents of children over 18.





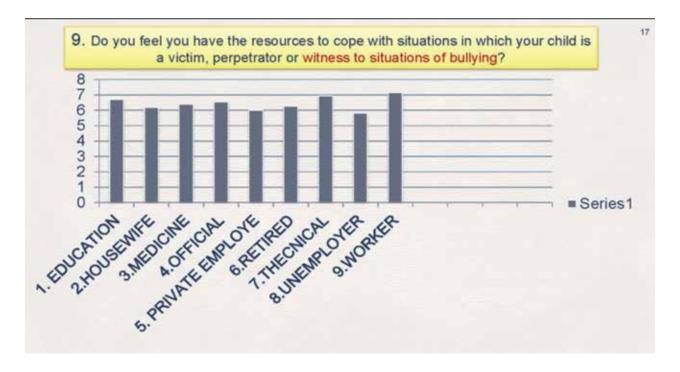
The most educated are parents of lower social status.



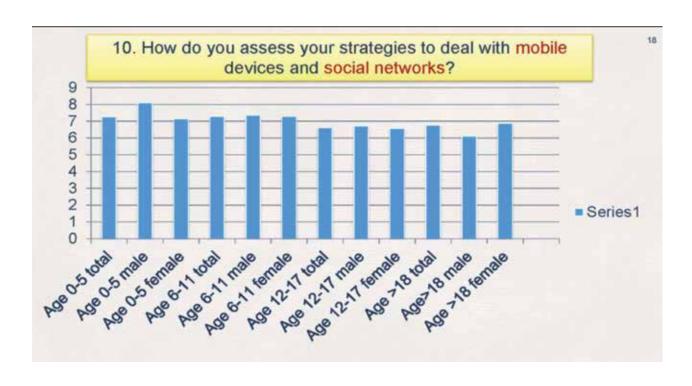
In question 9 which refers to bullying.

The best informed are those with daughters aged 0-5 years and parents of sons over the age of 18 years.





The most educated are parents of lower social status.



In question 10, which refers to problems with mobile phones and social networks:

Those who feel most prepared are those with children aged 0-5 and over 18 years old.





The fear of parents related to medicine stands out.



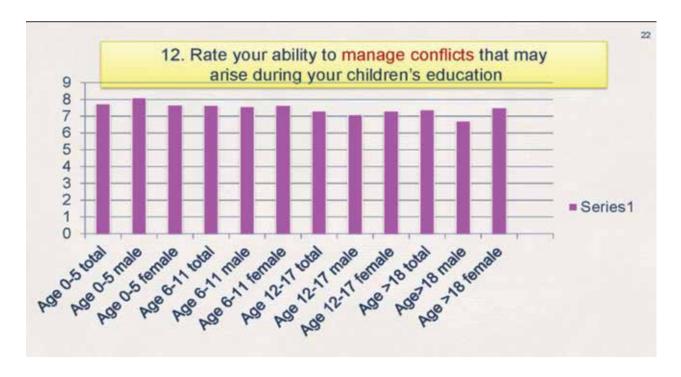
In question 11 which refers to the participation of families at schools:

Those who most value such participation are the parents of children aged 0-5.



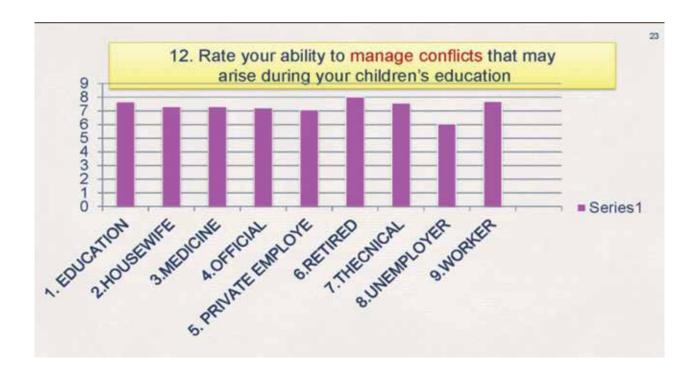


Those who most value family involvement in schools are retired people.

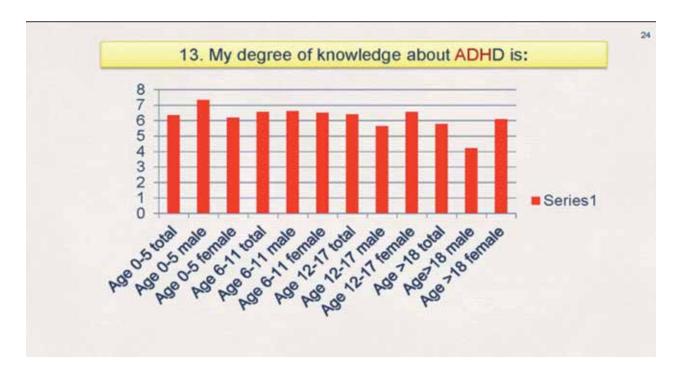


In question 12, which refers to Conflict Resolution, there was nothing remarkable.





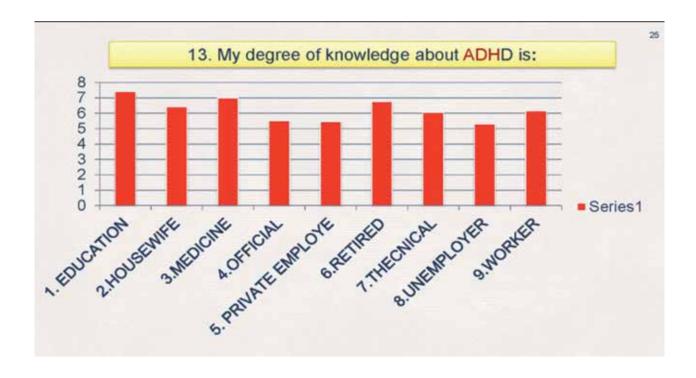
Those who are best informed are retired people and workers.



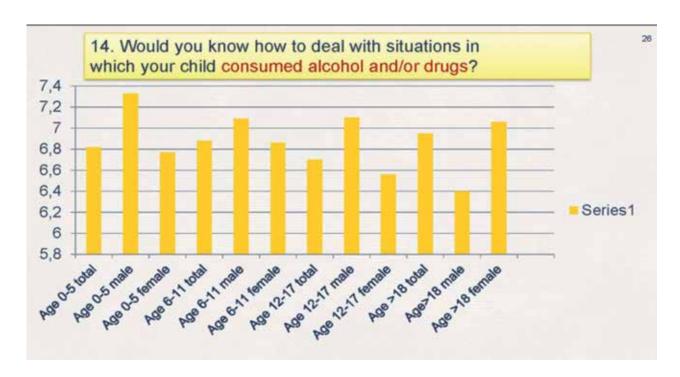
In question 13 which refers to knowledge of ADHD:

The families with the least knowledge of ADHD are the families of children over 18 years of age.





Those who know the most about ADHD are parents involved in education.



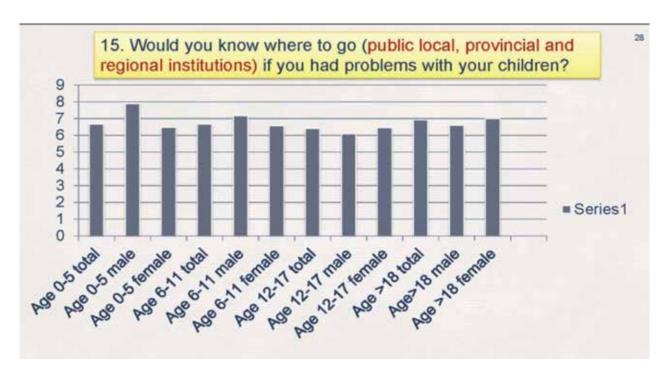
In question 14 referring to alcohol consumption:

The least prepared families are those with children aged 12-17 years





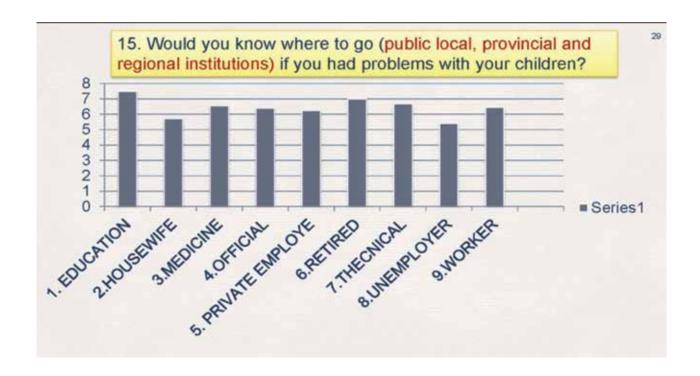
The most educated are retired parents.



In question 15, which refers to trust in public institutions:

Not relevant





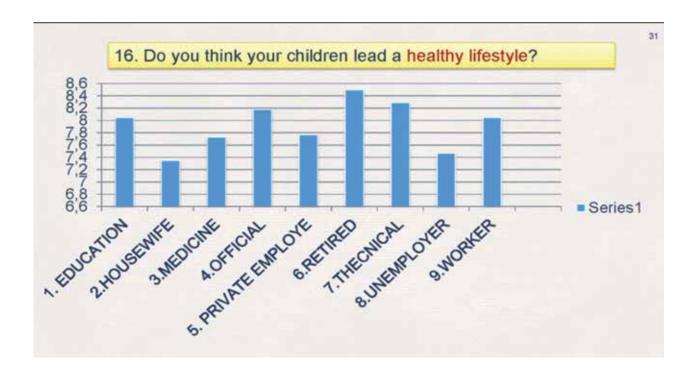
The most trusting are parents related to Education.



In question 16 which refers to healthy living:

The most aware parents are those with children aged 0-5 years old.





Parents with a higher social status are very aware of healthy living. But it is striking that parents related to medicine do not feel prepared.



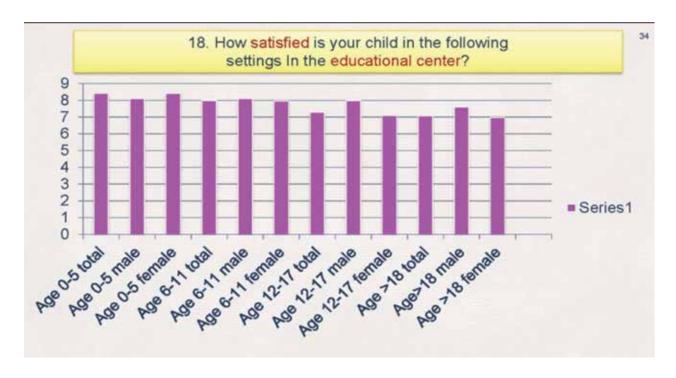
In question 17, which refers to satisfaction with family life:

The least satisfied at home are the children over 18 years of age.





The least satisfied at home are the children of medically related parents and the self-employed.



In question 18, which refers to satisfaction in schools: Nothing relevant.





It stands out that retired parents are the least happy to see their children in the schools.



In question 19 which refers to satisfaction in towns and cities:

Girls aged 0-5 years enjoy it more than boys of that age.





The satisfaction of children in the environment in which they live, town and city, is low, but even lower for the children of the unemployed.





The idea of the project is, therefore, to achieve educated, active families inclined towards good coexistence, working side by side with the schools, with the support of the local authorities, who will promote the necessary legal mechanisms to create the bodies of citizen participation that will legalise the efforts of the families and citizens in the fight against violence. Therefore, the survey gave us the idea of what the 15 topics should be to make up the virtual school and the need to create a guide so that parents might access the resources without any problems.

Digital Presence / Web

We started with a survey that was carried out in the four countries that made up the project. From this survey, conclusions were drawn, such as that the strengths are children's happiness within the family and the importance of healthy habits. Weak points are the lack of family presence in schools and awareness of ADHD. By country, the differences are as follows:



AUSTRIA: People values the involvement of families in schools.



REINO UNIDO: Emphasis on children's satisfaction within the family home.



GRECIA: Values highly the competence of families in dealing with drug and alcohol related problems.



ESPAÑA: Values children's satisfaction within the family home and criticises the lack of family involvement in schools.







THE VIRTUAL FAMILY SCHOOL

During the first year we elaborated the 15 topics that would be part of the virtual Family School (3 for each institution).

These topics are as follows:

- Affectivity and communication
- Communication, assertiveness and conflict resolution
- Family dynamics
- Developmental development in childhood and adolescence
- School, interculturality and immigration
- Psychological development of children from 0 to 12 years of age
- Healthy habits
- Prevention of addictions
- Reading workshop
- Communication with adolescents in the family.
- Tablets and education
- Social networks and young people
- Leisure in adolescence
- Nutrition, physique and obesity prevention
- Rules and limits.





Topic № 5 / Volos GREECE

School, interculturality and immigration



Topic № 8 / Volos GREECE

Prevention of addictions



Topic № 9 / Volos GREECE

Reading workshop



Topic № 3 / Carlisle UNITED KINGDOM

Family dynamics



Topic Nº 7 / Carlisle UNITED KINGDOM

Healthy habits





Topic Nº 14 / Carlisle UNITED KINGDOM

Nutrition, physique and obesity prevention



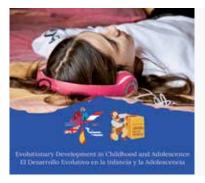
Topic Nº 1 / Villamayor SPAIN

Affectivity and communication



Topic № 2 / Villamayor SPAIN

Communication, assertiveness and conflict resolution



Topic № 4 / Villamayor SPAIN

Developmental development in childhood and adolescence



Topic Nº 12 / Villamayor SPAIN

Tablets and education





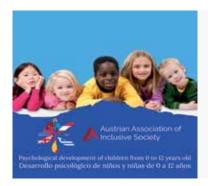
Topic Nº 13 / Villamayor SPAIN

Leisure in adolescence



Topic Nº 16 / Villamayor SPAIN

Rules and limits



Topic Nº 6 / Wien AUSTRIA

Psychological development of children from 0 to 12 years of age



Topic № 4 / Wien AUSTRIA

Communication with adolescents in the family

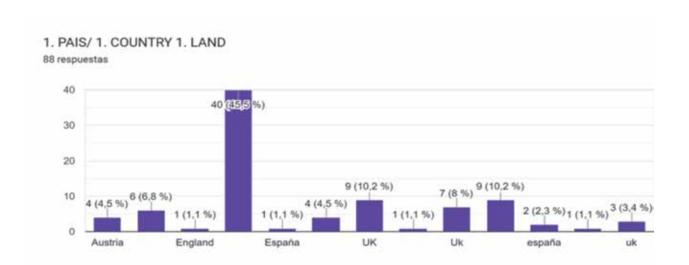


Topic № 12 / Wien AUSTRIA

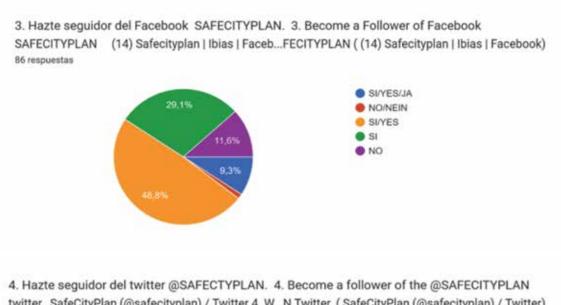
Social networks and young people



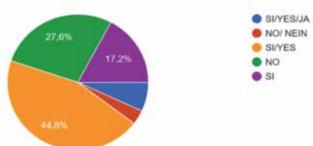
EVALUATION OF VIRTUAL FAMILY SCHOOLS



2. EMAIL SURVEYED (Due to data protection it is not included)

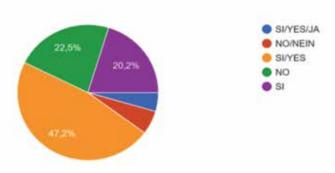


Hazte seguidor del twitter @SAFECTYPLAN.
 Become a follower of the @SAFECITYPLAN twitter. SafeCityPlan (@safecityplan) / Twitter 4. W...N Twitter. (SafeCityPlan (@safecityplan) / Twitter)
 respuestas

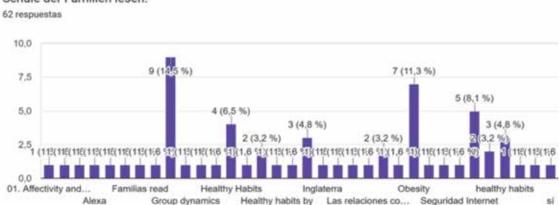




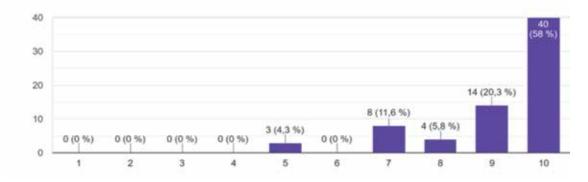
5.Hazte seguidor del instagram SAFECITYPLAN. 5.Become a follower of the SAFECITYPLAN instagram https://www.instagram.com/safecitypl...www.instagram.com/safecityplan_school_family) 89 respuestas



Tema de la escuela de familias leído.Topics of the school of families read.Themen der Schule der Familien lesen.



 VALORACIÓN DE 0 A 10: PERCEPCIÓN GLOBAL DEL TEMA 7. ASSESS FROM 0 TO 10: OVERALL PERCEPTION OF THE TOPIC. 7. BEWERTUNG VON 0 BIS 10: GESAMTWAHRNEHMUNG DES THEMAS. 69 respuestas







9. WHAT WOULD YOU HIGHLIGHT AS MOST INTERESTING ABOUT THIS TOPIC OF THE VIRTUAL FAMILY SCHOOL?

Most highlight the whole family school in general which is good and relevant.

Easy interaction and access to information at any time.

Emphasizes the value of family and participation.

The content is very interesting.

The illustrations and the format of the themes of the family school are modern.

It is a fundamental school for parents who have children for the first time.

t is a work from several countries and different contents as a product of the collaboration in the European project.

They have some very useful information provided in an easy to understand way.

The advice that appears and the vision of how children are in different aspects of life.

10. POINTS TO IMPROVE ON THIS SUBJECT OF THE POINTS FAMILY VIRTUAL SCHOOL

Nothing.

Improve inclusion.

Very dense presentations with too much text.

Very good presentation.

They are highly prepared and researched topics.

Very useful.

Excelente programa que te permite disfrutar.

Excellent program that allows you to enjoy.

Very good information.

Very easy to understand.



THE FACE TO FACE SCHOOL FOR FAMILY



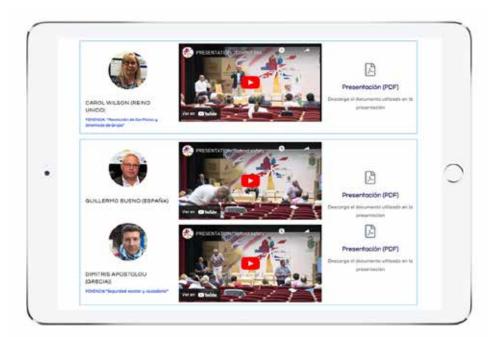


During the month of July 2022, coinciding with the training course held in Spain, families from the four countries were introduced to the Face to Face School for Families, with presentations given by experts from each of the institutions:

CAROL WILSON (UK). PAPER: "Conflict Resolution and Group Dynamics for families".

GUILLERMO BUENO SALVADOR (SPAIN): PAPER: "School Safety and Family Citizenship".

DIMITRIS APOSTOLOU, ETAIREIA (GREECE): PAPER: "School Safety and Family Citizenship".

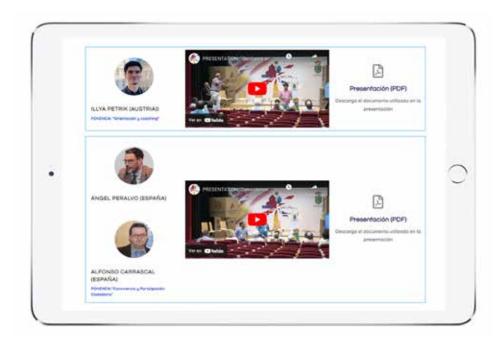




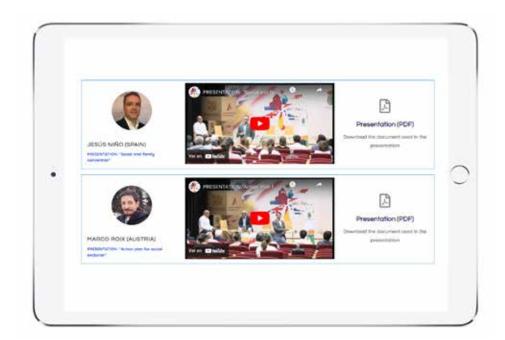
ILLIA PETRYK (AUSTRIA) PAPER: "Orientation and Coaching"

ALFONSO CARRASCAL, ASOCIACIÓN VIRGEN DE LOS REMEDIOS (SPAIN) PAPER: "Coexistence and Citizen Participation"

ÁNGEL PERALVO (SPAIN) PAPER: "Coexistence and Citizen Participation"



JESÚS NIÑO (SPAIN). PAPER: "Family and Social Networks: access for children, tools for parents". **MARCO ROUX** (AUSTRIA). PAPER: "Action Plan for Social Inclusion".





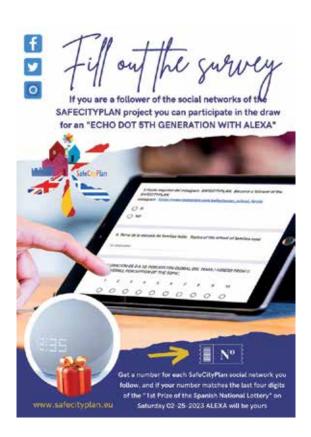
WEB PAGE / www.safecityplan.eu

The thematic web page www.safecityplan.eu that contains the essentials of the project: a home page with what the project is, the partners, the virtual family school and the face-to-face family school, all recorded during the training course held in Villamayor from July 2 to 7, 2022, the communication section and the contact section.

- o In the communication section, all the publications and references that have been made to the project in the press, digital newspapers, radio or social networks appear.
- o In the project section we can see the priorities, results, justification, objectives and results of the project.
- o In the partners section we see all the partnership with access to the respective web pages of each one of the partners.

To promote the monitoring of SAFECITYPLAN on social networks, an "ECHO DOT 5th GENERATION WITH ALEXA" was raffled, the number coinciding with the last four figures of the first prize of the national lottery, on Saturday, March 25. (diptych attached)

Work has been done on the website www.safecityplan.eu so that all the Parents of Villamayor can access all the topics of the Virtual School for Families, the Face-to-Face School for Families and the local conferences that took place on Thursdays in Villamayor, just by scanning the following QR with your mobile.





Other schools other than the locality have been visited

A **Virtual European Family School** through the web portal www.safecityplan.eu, in which debate can be generated among families through Google forms surveys.

A Face-To-Face Family School, via the web portal www.safecityplan.eu presented by experts from the four institutions at the training course held in Spain from 2 to 7 July 2023. Families can access the video of each presentation with simultaneous translation Spanish-English and the PowerPoint presentation of the presentation.

The SAFECITYPLAN APP for Android and IOS, which makes it easier to view the different sections of the safecityplan web portal via mobile phone.



Social networks: Twitter, Facebook, Instagram, and YouTube SAFECITYPLAN that help us to promote each of the products and results of the project.









THE IMPLEMENTATION OF THE PROJECT IN EACH ONE OF THE COUNTRIES





We have continued with bimonthly face to face meetings with the collaboration with the following institutions:

- **KaPa Council** (Prefectural council for the prevention of violence and neglect)
- **Protasi Zois** (Council for the prevention of addictions)
- **Syllogos goneon AMEA Volou** (Association of parents with children with special needs)
- Second Chance School of Volos
- -Syllogos Goneon Kai Kidemonon Mathiton Tou Mousikou Schholeiou Volos (the most important Association of parents in Volos).

What activities have you carried out in your city in relation to the SAFECITYPLAN project.

- -We have presented to our social partners the Virtual School for Parents content
- -We have carried out three parents' meetings, for exchange of experiences and concerns. Each time an expert was there to inform the parents on various topics of their interest and answer their questions
- -We have visited more than 10 local schools and tried to communicate the work done, kindly asking teachers to disseminate our project among parents visiting each school







The Leader of the County Council attended one of the project mobility meetings in Salamanca and has had discussions with colleagues about using the project in the future.

- -It is hoped that the online virtual school topics that have been created with be disseminated to community groups and schools.
- -Cumbria Credits have had meetings with local teachers and adult tutors. We have also had a meeting with the local school governing body.
- -Partners or associations outside the partnership have collaborated on the project in your city.
- -Cumbria Credits have collaborated with Cumbria County Council and Upperby Primary School, Carlisle. We have also discussed the project with The Community and Learning skills team and various community groups.
- -We have also discussed the project with parents and friends.
- -Our Director has also discussed the project with a local pensioners group as we believe they are as important to the safecityplan as the younger generation





- -Just recently we disseminated the project to-date to a local arts group.
- -Parents in the local school took part in the first survey that was created by the project.
- -The project has been displayed in the school meeting room for everyone to read.
- -Cumbria Credits have shared the safecityplan on various social media outlets.
- -Cumbria Credits have shared the website information with the parents of 370 children in the local primary school
- -We have also shared the information with the leaders of the local authorities and the tutors from Carlisle Learning and skills team.
- -We have also discussed the project with refugees that use the CDC centre showing them how to access the website information.
- -We have attended all the project meetings; we have also attended all the online Teams meetings on a regular basis.
- -We have created all the information required for the school for families, the virtual school and taken part in all the relevant surveys.
- -One director delivered a presentation during the conference in Villamayor about Family Dynamics and conflict resolution within families.

A director and the Leader of our County Council took part in a live radio discussion again in Salamanca during the conference.

We have been part of the dissemination of the project.

- Presentations have been shown to the local community and members of the local authority.
- Presentations have been shown to teachers, tutors and parents.
- We intend to have a meeting to share the final results with any stakeholder who would be working in the field of looking after communities.





-Partners were part of the discussions that we had before any of the information created by Cumbria Credits was sent to the Lead partner for uploading to the website. It was followed up by showing them the final documents for their comments.

-The local community including parents and grandparents have been sent the link to the website and have been asked to take part in the survey to win an alexia along with other partners.

Displays have been put up in a local community centre conference room which is used by different groups throughout the week.

Social media including Facebook has shared all the information about the project from all the partner groups who are involved in the project.



-Website information has been shared with local school parents including the survey to win an Alexa.

-The Leader of the County Council (Councillor Stewart Young) has agreed that the website information which includes the schools for families' documents will be shared with all the local council employees, through their intranet system.

-We hope that the website will continue to be visible and updated when necessary with relevant information gathered as the project dissemination in each country continues.

-Cumbria Credits will continue to give time to the project after the funding ceases



This project will be more beneficial to the community in Carlisle now that most of the resources have been completed. We intend to work on discussing this project especially the schools for families' section with more schools in the Carlisle area.

We will be looking at all aspects of the project and will consult with the various agencies within the city to see which part of the project would be most beneficial to the individual organisation needs. If necessary we will create bespoke packages from the website information for any group that want to concentrate on a specific area that is of interest to them.







During the beginning of the 2019-2020 school year, we had meetings with the Educational Associations of Villamayor and with the City Council. Due to the Covid-19 pandemic, we stopped meeting, but we continue working from home, until finally, in April 2020, we were able to present the European project together with the City Council, which, happily, was granted.

In order to attract the families of Villamayor and at the same time obtain subsidies with which to pay the speakers of the courses for parents, the illustrator Violeta Monreal gave us rights so that we could achieve three objectives with the money raised from the t-shirts:

- 1. Promote the coexistence plan among the parents.
- 2. Being able to pay the speakers.
- 3. Promote the European project SAFECITYPLAN.

During 2021, we planned and executed and developed the **following project deliverables:**

Creation of the logo.

Implementation of the website www.safecityplan.eu

Development of the topics for the virtual family school.

The following local conferences have been held throughout the project:



29-04-2021 CONFERENCE FAMILY SCHOOL: FAMILY AND SCHOOL given by JESÚS NIÑO TRIVIÑO







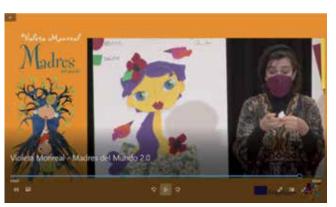
03-06-2021 CONFERENCE FAMILY SCHOOL: BRAVE PARENTS AND RESILIENT CHILDREN given by RAQUEL IÑIGO IRIZABAL.





02-12-2021 CONFERENCE FAMILY SCHOOL: MOTHERS OF THE WORLD given by VIOLETA MONREAL.





In compliance with the commitment adopted in Vienna, January 2023, that the whole consortium shall continue to disseminate the SAFECITYPLAN project, the conference "Family action against bullying, parental responsibilities. Rights and duties" was given by Jesús Niño Triviño on 13-03-2023.







The Austrian Association of Inclusive Society, carried out several events, both online and in person, in order to get closer to the community and present the project, as well as to discuss topics of interest such as the inclusion of refugees in the community and how to navigate the system for inclusion. In addition, family groups were able to learn about the topics that the consortium developed through the project. Yes. Throughout the project, we were able to collaborate with an association of Ukrainian refugees, as well as with a retirement center in Vienna.

During the activities of the project, we had an impact of around 60 people who participated in both face-toface and online events, in addition to the two volunteer participants at the conference in Salamanca.

The project required internal and external meetings with community groups and stakeholders. In addition to office supplies for the daily operation of the project such as ink for the printer, paper, etc. Also, dissemination activities were carried out, among others.

The specific contributions of AIS to the project have been:

- .-AIS carried out three educational units of the virtual family school.
- .-Family surveys AIS collaborated in the collection of family surveys, those sent after presentations at the family school.
- .- Face-to-face school presentations- AIS implemented two presentations and two webinars in relation to inclusion.





The call to participate in the activities was open and efforts were made for parents to participate, but also for young people who could benefit from the topics addressed in the family school. For this, we gave a presentation of the project to young people and to parents separately.

The Austrian partner worked with many families from Vienna but focused especially on Ukrainian families, refugees from the war in Russia.





All activities will continue after the project through the Vienna Family Network Institution

https://viennafamilynetwork.com/ Vienna Family Network







THE PROJET MEETINGS

Videoconference Meetings



16-12-2020

First meeting to get to know each other and draw up the calendar for the course



13-01-2021

Second meeting where we chose the logo of the project, cloud storage, distribution of face-to-face and virtual topics of the school for families



10-02-2021

Third meeting where we conducted the family surveys and the implementation of the project each country



10-03-2021

Fourth meeting for the signing of the agreements between the beneficiary and the project partners and the activities carried out with the families in each country





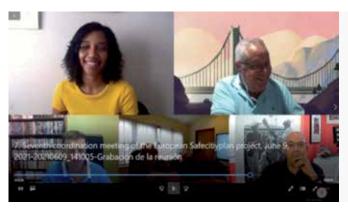
14-04-2021

Fifth meeting for the design of the project website, evaluation of the sessions carried out, conclusions of the survey of families



12-05-2021

Sixth meeting for the presentation of the draft of the project website and to see how the elaboration of the topics of the virtual school was going



09-06-2021

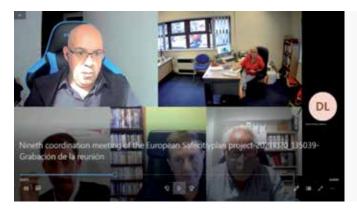
Seventh meeting, where we worked with the project social networks and set the schedule for the meetings with the session in Spain



22-09-2021

Eighth meeting: it was decided to ask for the extension of the project and to hold the first transnational meeting in Volos (Greece) as stated in the project





20-10-2021

Ninth meeting: the social networks and the agenda of the Volos meeting were discussed



10-11-2021

Tenth meeting: final approval is given for the request for the extension of the project and the dates of the meetings in Spain and Vienna are scheduled



22-12-2021

Eleventh meeting: the website is presented and the final dates of the meetings in Spain and Vienna are scheduled with the new extension



10-01-2022

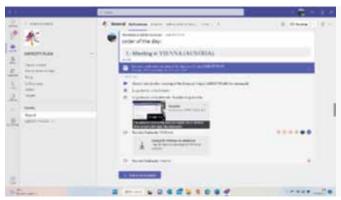
Twelfth meeting: Preparation of the trip to Volos





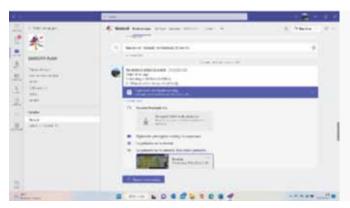
16-02-2022

Thirteenth meeting: Preparation of the trip to Volos, which was suspended in January



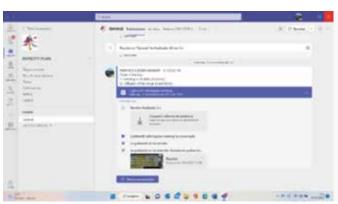
09-03-2022

Fourteenth meeting: Programme of trip to Volos



27-04-2022

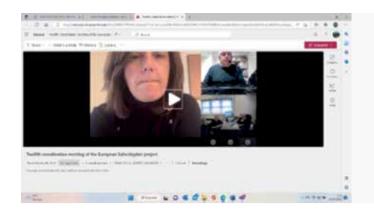
Fifteenth meeting: Justification of trip to Volos and preparation of trip to Salamanca



25-05-2022

Sixteenth meeting: Meeting in Salamanca and diffusion of the school for families





22-06-2022

Seventeenth meeting: Meeting in Salamanca and diffusion of the school for families

14-09-2022

Eighteenth meeting: Meeting in Vienna

19-10-2022

Nineteenth meeting: Meeting in Vienna

14-12-2022

Twentieth meeting: Meeting in Vienna and diffusion of the school for families

16-01-2023

Twenty-first meeting: Final report

22-02-2023

Twenty-second meeting: Final report



FACE-TO-FACE TRANSNATIONAL MEETINGS OF THE PROJECT

Volos Coordination Meeting (Greece) / 03-21-2022

The City Council of Villamayor, together with the Neighbourhood Association "Virgen de los Remedios", held the first face-to-face meeting of the European training project SAFECITYPLAN in Volos, Greece, together with the other partners.



After being postponed twice due to the pandemic, the municipal representatives of Villamayor, together with their European partners (Greek, Austrian and English) worked in March 2022 in the Greek city of Volos to specify the foundations on which the future School of European Families was to be developed.

Before the session was convened, the members of the participating delegations were received by Georgios Kitsios, the Leader of the Region of Magnesia (who welcomed the delegation) to then explain and share their experiences in each city.

The main objective of the European SAFECITYPLAN project is to work directly with families on common values such as coexistence and to promote citizen participation in order to achieve safe cities and municipalities, in collaboration with the schools and local authorities. After evaluating the responses and demands, by means of surveys, the final objective is to create a 'School for Families' to train parents, in order to improve family and social relationships.



The working sessions focused on the discussion of several important issues, such as what the structure of the training action should be, as well as the diffusion of the 'School of Families' project, the training environment of the project's website and social networks, as well as the content and programming of the training.

The participating European partners are: Inclusive Association (Austria); Parent and Cultural Associations of Volos (Greece); Cumbria Credits Limited, of Carlisle, (United Kingdom); the "Virgen de los Remedios" Neighbourhood Association of Villamayor and the Villamayor City Council, coordinator of the project (Spain).

Each country explained what it has done in its environment to improve coexistence and citizen participation. Thus, the Villamayor Town Council explained "how the sectoral councils have been organised and how they can improve coexistence in our town, seeking to transfer this formula to the other cities participating in the project: Vienna, Carlisle and Volos", said the municipal officials who travelled to Greece. The participants were: the Parents' and Cultural Associations of Volos (Greece); Cumbria Credits Limited, Carlisle, (United Kingdom); the Neighbourhood Association "Virgen de los Remedios" of Villamayor and the Villamayor Town Council, coordinator of the project (Spain).

Intermediate Evaluation Meeting and Training Course (Spain) / 2-07-2022

The creation of a European School for Families to achieve safe municipalities and cities is the objective of the SAFECITYPLAN convention held on 4 and 5 July 2022 in Villamayor de Armuña.

A working meeting attended by teachers, families and representatives of various public institutions from





Greece, the United Kingdom and Austria, gathered together with the common goal of generating synergies with which to develop a coexistence plan to form a united and participatory society.

The Neighbourhood Association "Virgen de los Remedios" and the Villamayor Town Council, as coordinator of this Erasmus+ project, are the Spanish members who are committed to working with families and the environment to achieve this goal.



Villamayor has become the epicentre of this European project and, as both its mayor, Ángel Peralvo, and the president of the association, Guillermo Bueno, have recognised, "in order to achieve safe cities, we have decided to work from within the family, which is the basis for achieving this".



This work also involves the four Parents Association in the municipality: Piedra Franca (CEIP Piedra de Arte), Ciudad de los Niños (CEIP Ciudad de los Niños), Tormes (IESO Tomás Bretón) and AMPA and El Camino de Aspace. Hence the importance of having the support and involvement of public administrations to achieve greater strength and the implementation of the foundations for safe cities, "for which we must return to being and living like a child". The family "is the key to education. We have to go back to families for the basics".



In addition to the representatives of the participating countries, Dorothea Kolyndrini, President of the region of Magnesia (Greece), and Stewart Young, Governor of the County of Cumbria (United Kingdom), also present at the opening of the convention were the provincial Deputies Beatriz Martín and Román Hernández; the provincial director of Education of the Junta de Castile and Leon, Ángel Morín; and the vice-rector of International Relations of the University of Salamanca, Efrem Yildiz, who highlighted the excellence of this project and "the joint work to help each other".



The Provincial Director of Education, Ángel Morín, recalled that he participated in the origin of the project, when it was 'Safe School' "and now we intend to take a great leap forward and involve the PTAs and families because they cannot be left aside, as they are the main agents in the education of boys and girls".

After a morning of presentations and debates, the participants got to know the municipality of Villamayor and its Town Hall and in the afternoon, they enjoyed a cultural visit to the monumental city of Salamanca and the City Council of the capital.

Final evaluation meeting and final products of the project 01-13-2023

The Villamayor Town Council and the "Virgen de los Remedios" Neighbourhood Association concluded the evaluation of the European SAFECITYPLAN project in Vienna (Austria), from 13 to 17 January 2023. The aim of this plan is to make cities safer, for which it seeks to improve coexistence among its citizens.



The Villamayor Town Council and the "Virgen de los Remedios" Neighbourhood Association of Villamayor conclude the European project SAFECITYPLAN, a KA02 Erasmus+ project that aims to create safe European cities by improving coexistence among their citizens.



From 13 to 17 January, in Vienna (Austria), the final report of the project was drawn up and the products and results were defined as planned by the four institutions: virtual parenting school, face-to-face parenting school, guide to the proper use of the resulting products by families: web www.safecityplan.eu, SAFECITYPLAN APP and the social networks @safecityplan.

The SAFECITYPLAN project is an EU-funded project at European level, within the framework of the Erasmus+ programmes. It is an innovative plan aimed at strengthening the resources aimed at families and achieving the wellbeing of their children, helping them to socialise by improving emotional and social relationships which, if well resolved, are the ones that contribute most to their wellbeing and that of others.

In Castile and Leon, the Town Council of Villamayor and the "Virgen de los Remedios" Neighbourhood Association are the promoters of this initiative, attracting several cities and associations from the rest of Europe to participate in it, given that Vienna, Volos and Carlisle believed that it was a beneficial project for contemporary European society.

After several meetings in 2022, all project partners have hosted a number of workshops, as well as very interesting talks and presentations on how to improve life in cities, protect children and support schools through parenting schools.



The final days of the project took place from 13 to 17 January 2023 in Vienna and were attended by the Mayor of Villamayor, Mr. Ángel Luis Peralvo, members of all the organisations belonging to the project (Neighbourhood Association "Virgen de los Remedios" of Villamayor, Cumbria Credits Limited of Carlisle in the United Kingdom, EKPOL of Volos Greece, and AIS Inclusive and Social Association of Vienna).

The meeting was aimed at discussing the conclusions reached during these years of work, interrupted by Covid-19, as well as for the presentation of the products that have been created so that parents who detect the existence of any behavioural or coexistence problems with their children can use them to help them overcome these difficult family situations.

This project, which now concludes with a first phase, intends to have its continuity in the future, through the implementation of the Citizen Participation Council model that has been created in Villamayor, comparing it with other models of social participation in the three participating countries. The aim is to apply for a new, more ambitious project, taking the best of the four participation models and making it more effective and exportable to the whole of Europe.

One of the tools that has been created is a virtual school for educators and parents. Through an online application, anyone who wishes to do so can take the training courses free of charge, as well as make use of the resources offered by the platform. Via this link, you can access the user area to access all the resources of the project.





IMPACT OF THE SAFECITYPLAN PROJECT

At the local and regional level, we have worked with each country on the future Coexistence Plan for Safe Municipalities and Cities in Europe. The important thing is that we have created a plan to create safe European cities and municipalities, adapted to all partner countries.

We have followed the steps that a child takes after birth (family, school, town): first we worked from the families with the preparation of the surveys and then we worked in collaboration with the school, either as a member of the Parents Associations or as a member of the School Council. The final process has been the cooperation of the families to participate actively in the town with the support of municipal representatives such as the Provincial Director of Education of Salamanca, President of the Magnesia Region and the governor of the Cumbria region who has given legal coverage, to each of the forms of European participation, thus achieving the sustainability of the project.

The local, European and international impact does not end like all coexistence plans in schools, we have taken another step at municipal or city level.

In this project we have involved the political leaders of the partner countries and the forces of law and order.

This project has managed to create the Sector Coexistence Councils (with different names in each of the partner countries) as participatory bodies, with a consultative, informative and advisory nature at the municipal level. The purpose and objective of the Sector Coexistence Councils has been to facilitate citizen participation and channel information from associative, educational and family entities in municipal matters related to improving coexistence.

The following quantitative indicators:

- 1. Number of countries directly and indirectly involved.
- 2. Proportion of schools that have participated in the coexistence program compared to the total number of schools in the given locality, city or region.
- 3. Number of people involved from each country divided by the total number of people involved in the consortium.
- 4. Number of visits to the website in each country.
- 5. Number of external collaborating institutions.
- 6. Number of families involved.

CONCLUSION

We can claim to have worked with all the schools of the four cities and others with towns and villages in the same province or region. However, the dissemination has not been good due to lack of time, the pandemic and because we do not work directly with the families but through the Parents Associations.



The qualitative indicators have been the following:

- 1. If the coordination carried out by Spain has been effective.
- 2. If the identity signs of the project have been clearly defined and if they are valid in different countries.
- 3. Whether the training sessions have been planned according to the needs of the participants in each country where the program will be implemented.
- 4. Whether the Program Improvement Areas have been correctly identified in each country.
- 5. If the internal and external communication between the partners has worked.
 - a. The impact on the educational policies of the participating countries has worked.
 - b. If the improvement of values among families has been achieved through the project.
 - c. The analysis of the satisfaction surveys (Google and Eform forms) among the interest groups: fathers/mothers, local authorities, inhabitants in general, etc.)
 - d. The satisfaction that families perceive in relation to the project.
- 7. The innovative nature of the project, the importance of families in the educational coexistence of each country.
- 8. The Formation of Families through the Virtual European School of Parents/Mothers and the Face-to-face School of Parents/Mothers.
- 9. The impact due to the number of appearances and the diffusion of the project in the media: press, radio, television and social networks.
- 10. The participation of teachers, parents and students in partner-collaborating organizations and politicians in the project.

CONCLUSIÓN

The coordination has been very good, overcoming obstacles such as the pandemic through TEAMS videoconferences held every month. There have been no problems between partners, we have worked as a "family". Both virtual and face-to-face training sessions have arisen from the needs of families, extracted from surveys.

Internal communication between the consortium has been perfect. External communication through the media and social networks has been good, with appearances in the press, radio and television. Nevertheless, we should have improved in two aspects: greater penetration in social



networks of the project (due to lack of time, and that families are more accessible through the partner networks of the schools, the networks of the partners and of the Associations of Parents. The other aspect to improve is that in some countries external dissemination has worked better than in others.

The most important thing in the external diffusion of the project is reaching the institutional organizations of each of the partner countries, directly participating in the meetings in Spain or Vienna, such as important politicians as the President of the Magnesia Region, the Governor of the Cumbria region, the Provincial Director of Education and the Regional Deputy of the Armuña region to which Villamayor belongs and the Vice Chancellor for International Relations of the University of Salamanca. We have had the support of the City of Vienna, but it has not been actively involved in the project.

Following the indications of the Spanish National Agency, we have also used indicators such as:

- In the workshops: number of participants, number of collaborators in the surveys, the usefulness of this workshop. The local workshops started with very few participants, but participation increased month by month. A good routine is to do them on the same days of each month, usually the third week of the month.
- At Events (Volos, Villamayor and Vienna Meetings): number of attendees, cost per attendee, percentage. All meetings were attended by the same number of people as those approved in the application. The problem came with the training course: only attendees' travel costs was paid, and not visiting dignitaries, The Villamayor City Council paid for the hotel for these people to promote the success of the course.
- Of the audience, media coverage of the event, usefulness of the event, percentage of attendees, speak well of the EU. The scheduled events have been of high quality and have had the expected coverage.
- In publications: number of readers, percentage of publications in more than one language version, percentage of accessible publications. All the surveys have been carried out in three languages: Spanish, English and German. The web platform is in the four languages of the consortium: Spanish, English, Greek and German. The family school guide has a professional format, although it was not financed by Erasmus Plus and printed copies were made, as gifts to all the families of the associated schools.
- In the media: number of journalists in organized media events, number of articles in the media. The project has had repercussions in the different media: press, radio and television. The live radio program through Onda Cero stands out, with the participation of the project coordinators and the Greek and English authorities who attended the Spanish Convention held from July 2 to 7, 2022.



- In the videos and photos. Number of views on social networks, usefulness of the video for the viewer. All the face-to-face school presentations were recorded on video so that all families can now follow through the project website www.safecityplan.eu, with simultaneous Spanish/English translation.
- On social networks. Social media metrics, number of followers, number of posts, number of likes, number of hashtags mentions. The pandemic has had a very detrimental effect on the dissemination of the project. The first meeting in Volos scheduled for October 2020 was held in March 2022. Of course, the functions of this meeting were different, since the start of the project was done via zoom videoconference on the third Wednesday of each month. The results were not available until the end of January, so there has not been enough time for good diffusion and increasing the number of followers of the three social networks of the project. In addition, the contents of the project do not reach parents directly, but rather through intermediaries such as Parents Associations and schools, and these are the ones that boost the followers of their networks.
- On the web: number of visits, number of visitors, number of recurring visitors. The website has been a success because all the families, through the schools or the AMPAS, have to view the issues of the family school through the website and fill out the survey. It is a very complete multilingual website and you can clearly see the products and results of the project: surveys, virtual and face-to-face family school, and the guide to the Coexistence Plan for safe towns and cities.
- In media integration: number of contacts made during the campaign, audience analysis, cost per person, percentage of people reached. The project products are an example of media integration: the videos of the family school, the power point presentations, the photos and the pdf guide integrate all the media to effectively reach parents through the web or social networks.





DISSEMINATION OF THE PROJET

Dissemination and use of project results

Various newspapers covered the project's actions:

PORTALVILLAMAYOR

https://www.portalvillamayor.com/el-exito-de-un-proyecto-europeo-para-villamayor/

LA CRONICA DE SALAMANCA

https://lacronicadesalamanca.com/381263-villamayor-impulsa-el-proyecto-europeo-safecityplan/

EL ESPAÑOL

https://www.elespanol.com/castilla-y-leon/region/salamanca/20230117/villamayor-viena-proyecto-safeityplan-ciudades-europeas-convivencia/734426892_0.html

TRIBUNA DE SALAMANCA

https://amp.tribunasalamanca.com/noticias/317922/el-ayuntamiento-de-villamayor-y-la-asociacion-virgen-de-los-remedios-evaluan-el-proyecto-europeo-safe-city-plan

SALAMANCA 24 HORAS

https://www.salamanca24horas.com/provincia/comarca-de-salamanca/proyecto-europeo-safecityplan-impulsado-por-villamayor-armuna-continuara-con-puesta-en-marcha-consejo-participacion-ciudadana_15065857_102.html

ONDA CERO RADIO

https://www.ondacero.es/emisoras/castilla-y-leon/salamanca/audios-podcast/mas-uno-salamanca-06072022_2022070562c42b1e03d1fb0001f3d214.html

SALAMANCA DIARIO

https://salamancadiario.com/20220704/la-creacion-de-una-escuela-de-familias-europea-para-lograr-la-convivencia-y-ciudades-seguras-objetivo-del-proyecto-eramus-safe-city-plan/

SALAMANCA DIARIO

https://salamancadiario.com/20220319/el-ayuntamiento-de-villamayor-materializa-los-primeros-cimientos-del-proyecto-europeo-safe-city-plan-para-crear-la-futura-escuela-de-familias-europeas/

LA 8 TV SALAMANCA

https://www.facebook.com/la8salamanca/videos/746331777066673?locale=es ES





El Proyecto "Safecityplan" es un proyecto a rivel europeo, financiado El Proyecto Sahlectgalari es un proyecto a rivel europee, financiado por la UE, erroracido en los programas Esarruni-. Se truste de un plum innovador dirigido a potenciar los recursos dirigidos a las famillas y comegair el bienestar de sua hijos e hijas, ayusándolos a socializane mojerando las relicionos alectricas y sociales que, tiem resueltas, son las que más contriboyen a su bienestar y al de los deservicios.

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El proyecto europeo Safecitypian impulsado por Villamayor de Armuña continuará con la puesta en marcha de un Consejo de Participación Ciudadana



El Ayuntamiento de Villameyor y la Asociación Visgen de los Remedios evalúan el proyecto auropeo "SafeCityPlan"



18 PROVINCIA

MARKER STREET, STREET,

Villamayor, cuna de la Escuela Europea de Familias y la convivencia

Representantes de Grecia, Austria y Reino Unido participan en la iniciativa europea Eramus+ Safe City Plan para generar buenas prácticas en inclusión y participación ciudadana

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LOS DETALLES.

Estadisticas

En Austria

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The SafeCityPlan project is co-financed by the ERASMUS+ Program of the European Union

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VIRGEN DE LOS REMEDIOS ASSOCIATION



www.safecityplan.eu

COEXISTENCE PLAN TO PROMOTE SAFE EUROPEAN TOWNS AND CITIES GUIDE Family School Guide







